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GREEN SYNTHESIS, CHARACTERIZATION AND ANTIMICROBIAL ACTIVITY OF SILVER NANOPARTICLES USING LEAF EXTRACT OF *AJUGA PARVIFLORA* BENTH. IN WALL.

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Abstract

In the present investigation, stable silver nanoparticles were synthesized via green approach. In this approach, silver nanoparticles were synthesized by the interaction of 3 mM silver nitrate solution with the aqueous leaf extract of *Ajuga parviflora*. Initial colour change and surface-plasmon-resonance (SPR) absorbance bands between 448-456 nm gave support to the synthesis of silver nanoparticles. These nanoparticles were further characterized by XRD, EDX, TEM and FTIR techniques. XRD analysis showed that nanoparticles are crystalline in nature with face centred cubic phase. TEM measurements showed that nanoparticles are spherically shaped with their average size less than 16 nm. Important FTIR peaks at 3394.9, 1601.8, 1499.4 and 1419.9 cm⁻¹ were predicted for hydroxyl, carbonyls, unsaturated C-C bonds and phenolic groups respectively. Thus, the FTIR spectra confirms the presence of phytochemicals which were responsible for reducing, capping and stabilizing the nanoparticles. Further, synthesized nanoparticles showed significant antibacterial activity against gram negative *Pseudomonas aeruginosa* and *Escherichia coli* and gram positive *Staphylococcus aureus* and *Bacillus subtilis* bacterial strain.

Keywords: Silver nanoparticles, Ajuga parviflora, Surface plasmon resonance, crystalline.

Introduction

Over a past few decades, nanoscience has become one of the most encouraging field of research in modern science with tremendous interdisciplinary applications in biology, chemistry, physics, agricultural and material science (Shankar et al., 2004; Abou El-Nour et al., 2010). The term 'nanoparticles' is commonly used to describe those particles having size less than 100 nm in at least for one dimension. Nanoscale materials generally show exceptional difference in the biological, physical and chemical properties compared to same material at macro scale. Nanoparticles exhibits enhanced characteristics like high surface area to volume ratio, tunable pore size and high reactivity and therefore they possess novel magnetic, physicochemical and optoelectronic properties (Mohanpuria et al., 2008; Poulose et al., 2014; Khajuria et al., 2019). At present, research on metallic nanoparticles is growing intensively as they provide better material properties with functional adaptability.

Recently, metallic nanoparticles (silver, gold, zinc oxide, iron oxide etc.) have drawn the attention of many researchers owing to their several applications to the electronics, communications, UV-protection cosmetics, catalysis, sensors, environmental protection, biological and medicinal industries. Metallic nanoparticles are developed by several methods including biological, physical, chemical and other electrochemical, photochemical, radiolytic and sonolytic methods. However, physical and chemical methods suffer some serious drawbacks as they are not only expensive but also require toxic chemicals, high radiations and high temperature and pressure, thus responsible for the environmental contaminations. Over the last few years, the bio-inspired synthesis of nanoparticles using plant extracts has emerged as a promising methodology for the synthesis of metallic nanoparticles (especially silver, copper, zinc oxide, iron oxide and gold nanoparticles), as this method is very cost effective, more stable, non-hazardous, environmentally benign and non-toxic (Khajuria *et al.*, 2017; Nasiriboroumand et al., 2018). Therefore, nowadays, research has been shifted towards plant-mediated synthesis of nanoparticles. The synthesis of nanoparticles through the plant extracts is influenced by several parameters such as temperature, time of reaction, pH and the nature of biomolecules present in the plant extracts. Phytochemicals like alkaloids, flavones, polyphenolic acid, ketones, terpenoids, aldehydes, tannins, essential oils, saponins, resins etc., present in the extracts of various parts of plants (roots, leaf, fruits, seeds and bark) acts as reducing, capping and stabilizing agent of metallic nanoparticles. Various researchers have reported synthesis of silver nanoparticles using different plant materials (Dwivedi and Gopal 2010; Zargar et al., 2011; Faramarzi and Sadighi 2013; Moghaddam et al., 2014; Pawar and Chaudhari 2017). Due to large surface area to volume ratio and high catalytic activity of silver nanoparticles, they are used in several catalytic processes. Moreover, several pharmacological activities, such as antibacterial, antifungal, antiplasmodial and larvicidal activities of silver nanoparticles have also been reported (Sharma et al., 2009; Ofakor et al., 2013; Vijayakumar et al., 2013; Kumar et al., 2018; Morejon et al., 2018).

After reviewing data, it has been found that no report has been texted regarding the green synthesis of silver nanoparticles by using the aqueous leaf extract of *Ajuga parviflora*. *Ajuga parviflora* is one of the potent medicinal herb of Himalaya belongs to Lamiaceae family commonly used against wide spectra of diseases from common body pains to chronic diseases such as diabetes. Plant is also used

to cure hypertension and hepatitis (Hamayun et al., 2006; Ahmad et al., 2018). It exhibited several pharmacological activities, such as antibacterial, antifungal, antioxidant, insecticidal (Rahman et al., 2013; Gulzar et al., 2017; Kumar et al., 2018). Several phtochemicals like alkaloids, withanolides, essential oils and terpenoids were isolated from the Ajuga parviflora plant (Nawaz et al., 2000; Singh et al., 2015; Kumar et al., 2018). Ajuga parviflora is a perennial pubescent herb, 10 to 30 cm in height, commonly found in grassy slopes of Himalaya and sometimes also found in oak forests, plant is distributed in entire Himalaya from Kashmir to Uttarakhand in India and mountains of Afghanistan, Nepal and Bhutan. Plant with its stem branched from the base, short flowers with corolla pink purple to blue and leaves, sessile, hairy, ovate and tinged with purple on lower surface (Collett, 1980; Gaur, 1999). In the previous work, we have successfully synthesized spherically shaped crystalline zinc oxide nanoparticles using leaf extract of Ajuga parviflora with their average particle size less than 20 nm (Kandwal et al., 2019). Hence, present study aimed to designed a rapid, eco-friendly, novel route for the synthesis of silver nanoparticles through leaf extract of Ajuga parviflora and to investigate their antibacterial activities against Staphylococcus aureus, Escherichia coli, Bacillus subtilis and Pseudomonas aeruginosa.

Materials and Methods

Collection and authentication of plant materials

Fresh and healthy leaves of *Ajuga parviflora* were collected from Nagdev forest range, Pauri, Uttarakhand and authenticated from Herbarium Jammu University and its accession no. HBJU 16003 was collected.

Preparation of Ajuga parviflora leaf extract

Fresh and healthy leaves of *Ajuga parviflora* were entirely washed with double distilled water in order to take out any of adhesive dirt. Leaves were then shade dry for 14 days and the constant weight of leaves were achieved. Then, these dried leaves were mashed with mortar-pestle and 6 g of finely powdered *Ajuga parviflora* was taken with 120 ml double distilled water in 250 ml Erlenmeyer conical flask and heated at 70 °C for 20 minutes. Then, the extract was allowed to cool at room temperature and filtered in a separate conical flask using Whatman fiter paper no. 1.

Synthesis of silver nanoparticles

Ajuga parviflora leaf extract and 3 mM AgNO3 solution (aqueous) was mixed in 1:9 in a 2 L Erlenmeyer flask. It was kept for 72 hours in the dark place. The colour of solution changed to dark red, pointing the formation of silver nanoparticles. Then the solution was centrifuged for 15 minutes at 7500 rpm and washed with distilled water followed by acetone to remove the impurities. The obtained material was dried at 50 °C for 20 hours in oven followed by mashing in mortar-pestle to get fine powdered greyish black silver nanoparticles and stored for the characterization of silver nanoparticles and anti-microbial activities.

Characterization

Initially, at regular interval formation of silver nanoparticles was preliminary monitored by using Elitedouble beam UV-visible spectrophotometer. Then, silver nanoparticles was subjected to X-ray diffraction (XRD) analysis (X'PERT-PRO Diffractometer, PANalytical; CuKa radiation, $\lambda_{max} = 1.54$ Å) and its spectra was reported in the range of 2 θ from 0° to 75°. Fourier transform infrared spectroscopy (Spectrophotometer Perkin Elmer Model RZX) analysis ranging from 4000-500 cm⁻¹ was to recognize the bioactive components of plant extract accountable for capping and stabilizing the nanoparticles. The average size of silver nanoparticles was calculated by using Debye Scherrer's equation:

$D = K\lambda / \beta \cos \theta$

where D is average crystallite size, K is the Scherrer's constant, λ is the X-ray wavelength, β is the full width at half maxima (FWHM) and θ is the Bragg's diffraction angle. Energy Dispersive X-Ray (EDX) was performed for determining the elemental composition of synthesized nanoparticles. Transmission electron microscope (JEOL JEM 1400) analysis was used to determine the surface morphology of silver nanoparticles.

Antimicrobial activity

The silver nanoparticles synthesized from *Ajuga* parviflora leaf extract were tested for antimicrobial activity by Agar well diffusion method against four different bacterial strain i.e., *Bacillus subtilis*, *Staphylococcus aureus*, *Escherichia coli* and *Pseudomonas aeruginosa*.

Muller Hinton Agar Medium (HI-Media) was used in bacterial assay and prepared by dissolving 33.9 g into 1000 ml of distilled water, this dissolved medium was then subjected to autoclave at 121°C temperature and 15 Pascal pressure for 15 minutes. The autoclaved media, then poured into 20×90 mm petri plate (Borosil) under the laminar air flow chamber, precaution for vapor formation was in consideration during the work. Prepared plates were subjected to incubation for 24 hrs at 30°C in bacteriological incubator to observe any contamination if present. Sterilized plates were then subjected for inoculation of bacterial strains. Suspension of bacterial strains were prepared by using sodium chloride (HI-Media) dissolved with required amount of distilled water by dissolving a loop of bacteria from prepared slant, 50µl of the suspension was then loaded on MHA plates, which further swapped gently over the surface of plate with the help of slider. Finally, wells of 8 mm were made by using sterilized cork borer, in which prepared sample solution (75 μ L and 100 μ L) was poured with the help of micropipette. Each plate was then incubated at $37^{\circ}C$ for 24 h and the diameter of zone of complete inhibition was measured with the help of scale (Perez and Anesini, 1994).

Result and Discussion

In the present work, aqueous leaf extract of *Ajuga parviflora* was used to synthesize silver nanoparticles. Bioactive components present in the leaf extract performed a key role in the synthesis of silver nanoparticles.

Change in the colour of solution from colourless to dark red may be due to the formation of silver nanoparticles. Fig. 1 shows the UV-visible spectrum of the solution having a broad absorption peak at $\lambda_{max} = 448-456$ nm which confirmed the presence of silver nanoparticles in the solution and its calculated energy band gap is between 2.72-2.78 eV.

XRD analysis

The XRD spectra showed the crystalline nature of ZnO nanoparticles and the average crystallite size was calculated

using Debye-Scherrer's equation (Das *et al.*, 2010; Azizi *et al.*, 2013; Karthik *et al.*, 2014). The average calculated size of ZnO nanoparticles is found to be less than 15.8 nm. XRD spectra of synthesized nanoparticles showed sharp peaks at $2\theta = 28.10^{\circ}$, 32.54° , 38.44° , 44.58° and 64.76° which are indexed to (210), (113), (111), (200) and (220) lattice planes respectively (Table-1) of face centred cubic nano crystals (Fig. 2)

TEM analysis

TEM analysis was used to study the surface morphology of silver nano structures (Fig. 3). These results confirmed that silver nanoparticles were spherical in shape with their average size less than 16 nm.

EDX analysis

EDX was carried out for the composition of nanoparticles. Fig. 4 shows a sharp signal at around 3 keV which confirms the presence of elemental silver. The other signals that were noticed in the spectra may be attributed due to the bioactive components present in plant extract.

FTIR analysis

FTIR spectra of nanoparticles showed several peaks which confirm the presence of different functional groups which were responsible for the reducing, capping and stabilizing of nanoparticles. FTIR peak in Fig. 5 at 3394.9 cm⁻¹ corresponds to stretching vibrations of hydroxyl group. Further, peaks at 1601.8 cm⁻¹, 1499.4 cm⁻¹, and 1419.9 cm⁻¹ may be attributed to C=O frequency of extensively conjugated systems, C=C aromatic stretching and C-O stretching of ArOH respectively. Peaks below 650 cm⁻¹ region may be attributed to the silver nanoparticles.

Antimicrobial activity

Agar well diffusion method was used to perform the antimicrobial assay against four bacterial strains. The biosynthesized silver nanoparticles of leaf extract of *Ajuga* parviflora was put in different concentrations i.e., 75 μ L and 100 μ L concentrations per well against gram positive (*Staphylococcus aureus* and *Bacillus subtilis.*) and gram negative (*Pseudomonas aeruginosa* and *Escherichia coli*) bacteria, sodium chloride solution was used as positive control. In the present study and it was found that saline have no effect on bacterial growth and gives no zone of inhibition, while the synthesized silver nanoparticles showed antimicrobial potential against all test organisms (Table-2). The maximum zone of inhibition was reported for Staphylococcus aureus (14.58±0.41mm) when 100 µL silver nanoparticles were put in the well and minimum zone of inhibition (13.96±0.62 mm) was reported in Escherichia coli. The possible mechanism for the antimicrobial activity of nanoparticles may involve the absorption of the nanoparticles by the host, inside the host organism these nanoparticles starts the production of free radical which interrupts the basic metabolism and some time may cause alteration or damage to genome of the host and results in the death of the host organism (Stoimenov et al., 2002; Xie et al., 2011).

Also, results of the present work are in accord with several other researchers, worked on synthesis of silver nanoparticles using different plant extract (Table-3).

Conclusion

It can be concluded that green synthesis of silver nanoparticles using *Ajuga parviflora* leaf extract is rapid, ecofriendly and cost effective. Spherically shaped, crystalline silver nanoparticles with their average size 16 nm are synthesized. It is observed that bioactive components of plant extract may be responsible for reducing, capping and stabilizing the silver nanoparticles. As the green route of synthesis doesn't require any toxic chemicals therefore it is a promising substitute of long-established chemical and physical methods.

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Conflict of Interest

The authors declare that there is no conflict of interests regarding the publication of this article.



Fig. 1 : UV-visible spectrum of silver nanoparticles



Fig. 2 : XRD spectra of silver nanoparticles

Table 1 . I cak list for average size calculation of nanoparticles	Table 1 : Peak list for av	erage size calc	ulation of nano	particles
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2θ (°)	hkl	FWHM left	d-spacing (Å)	Rel. int. (%)
28.10	210	0.71	3.17	36.56
32.54	113	0.62	2.75	81.62
38.44	111	0.68	2.33	100
44.58	200	1.3	2.03	23.81
64.76	220	1.1	1.44	18.91

where θ is the Bragg's diffraction angle, FWHM is full width at half maxima, (h,k,l) are miller indices and d-spacing is interplanar distance.



Fig. 3 : Transmission electron micro-image of silver nanoparticles



Fig. 4 : EDX pattern of silver nanoparticles



Table 2 : Values of Diameter of Zone of Inhibition Against Selected Microbial Strains

Diameter of zone of inhibition (mm)					
S.No.	Test organisms	Control	75 μL	100 µL	
1.	Staphylococcus aureus	0.00 ± 00	13.21±0.64	14.58±0.41	
2.	Pseudomonas aeruginosa	0.00 ± 00	12.89±0.44	14.33±0.78	
3.	Escherichia coli	0.00 ± 00	12.91±0.64	13.96±0.62	
4.	Bacillus subtilis	0.00 ± 00	12.82±0.42	14.02±0.72	

± Standard deviation

Table 3 : Green synthesis of silver nanoparticles of some important medicinal plants

S.No.	Name of the plant	Family	Plant part	Shape	Size(nm)	Ref.
1.	Geranium	Gereniaceae	Leaf	Spherical	12.5	(Badoni et al., 2019)
	wallichianum					
2.	Prunus persica	Rosaceae	Leaf	Spherical	40-98	(Kumar et al., 2017)
3.	Moringa oleifera	Moringaceae	Leaf	Spherical	9	(Moodley et al., 2018)
4.	Coleus forskohlii	Lamiaceae	Roots	Needle Shaped	82.46	(Baskaran and bai, 2013)
5.	Ocimum sanctum	Lamiaceae	Leaf	Spherical	14.6	(Jain and Mehata, 2017)
6.	Origanum vulgare	Lamiaceae	Leaf	Spherical	2-25	(Carmona et al., 2017)
7.	Acalypha Indica	Euphorbiaceae	Leaf	Spherical	20-40	(Menon et al., 2017)
8.	Coriandrum sativum	Apiaceae	Leaf	Spherical	6.45	(Khan <i>et al.</i> , 2018)
9.	Azadirachta indica	Meliaceae	Leaf	Spherical	34	(Ahmed et al., 2016)
10.	Berberis vulgaris	Berberidaceae	Leaf	Spherical	30-70	(Behravan et al., 2019)
11.	Euphorbia hirta	Euphorbiaceae	Leaf	Spherical	40-50	(Elumalai et al., 2010)
12.	Ajuga parviflora	Lamiaceae	Leaf	Spherical	15.8	Present Work

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