

MORPHOLOGICAL STUDIES OF UNDERUTILIZED FRUITS

Anil Kumar¹, Pratibha Singh¹, Brijesh Kumar¹, Kunvar Gyanendra Kumar², Uma Shankar³ and Pradeep Kumar Gupta⁴

¹Department of Biochemistry, ²Department of Plant Molecular Biology & Genetic Engineering, ³Department of Crop Physiology, Acharya Narendra Dev University of Agriculture and Technology, Kumarganj,

Ayodhya, Uttar Pradesh (India)-224229,

⁴Department of Agricultural Extension & amp; Communication, Bhagwant University, Ajmer (RJ).

Email: kumarbiochem87@gmail.com

(Date of Receiving : 30-05-2021; Date of Acceptance : 03-09-2021)

ABSTRACT

The morphological study of five selected minor fruit viz. aonla (NA-6 and NA-7), bael (NB-5 and NB-9), ber (Karaka and Umran), jackfruit (NJ-2 and NJ-3) and kaitha (K-1 and K-2) carried out in NDUA&T Kumarganj Ayodhya. The present study further indicated that variation in shape, colour and pulp colour of minor fruit germplasms were showed from oval to round (fruit shape), light green with yellowish (fruit colour) and whitish to greenish (pulp colour) in aonla, oblong to globose (fruit shape), brownish to yellowish (fruit colour) and yellowish (pulp colour) in bael, oval to round (fruit shape), greenish yellow to yellow (fruit colour) and whitish to yellowish crispy (pulp colour) in Ber, round to oval (fruit shape), grayish to white (fruit colour) and brownish, mealy (pulp colour) in kaitha and oblong (fruit shape), greenish brown (fruit colour) and bright, yellow (pulp colour) in jackfruit.

Keywords : Colour, Flesh Colour, Shape and Underutilized fruits

INTRODUCTION

Underutilized fruit crops refer to those fruits which may be high in value but that are not widely grown. They are nutritionally important but rarely used by human. People are not aware of its nutritional importance. In a general sense, these fruits are consumable by in relatively less quantity may be due to less palatable or less availability than other fruits (Tripathi et al., 2015). The fruit crops mango, apple, banana, guava, grape, pineapple, papaya, citrus, sapota and litchi grown in India for commercial purpose consist greater than 75 per cent of total area which is under fruit cultivation (Mitra et al., 2004). India is centre of origin of jack fruit, bael, aonla, ber and several other wild fruits (Arora, 1985; Arora, 1998 and Singh et al., 2009). India is the second largest producer of fruits in the world nearly covers 6.36 million hectares of area with a total production of over 88.82 million metric tonnes with productivity of 13.97 tonnes/ha. Uttar Pradesh is grown on 0.46 million hectares with production of 8.54 million metric tonnes, under fruit crops ranks first in terms of area, but production-wise it ranks third (Horticultural Statistics At a Glance, 2015-16). The polar and transverse diameter of Bael fruit varied from 6.65 to 17.78 cm. and 8.52 to 16.82 cm respectively and the external colour of Bael fruit varied from greenish to yellowish shades and yellow to orange colour of bael fruit was found to be not due to carotene but that might be due to some flavanoid pigments (Roy and Singh, 1978). The physico-chemical characteristics of fourty seven ber cultivars and observed that the fruit

weight (29.8 g) was highest in Umran and fruit length varied from 2.0 cm to 5.4 cm. (Kaushik et al., 2000). The physicochemical characters of aonla (Emblica officinalis) cultivars, i.e. Banarasi, Chakaiya, Francis, Kanchan, Krishna, NA-6, NA-7 and NA-10, harvested at full maturity. NA-7 was recorded the highest average fruit diameter (Singh et al., 2003). Physicochemical analysis of wood apple revealed that the average fruit weight ranged from 140.08 to 256.65 g, fruit length and width from 6.50 to 8.40 cm and 6.16 to 7.43 cm respectively, volume of fruit from 81.66 to 248.50 cc, specific gravity from 1.04 to 1.74, shell thickness from 0.30 to 0.20 mm and pulp weight from 60.33 to 176.00 g, number of seeds per fruit from 260.50 to 471.66, seed weight per fruit from 8.83 to 15.66 g, seed weight percentages from 8.24 to 13.96%, pulp weight percentage from 86.04 to 91.76 and pulps seed ratio from 7.60:1 to 12.30:1 (Pandey et al., 2013).

MATERIALS AND METHODS

The present investigation was carried out at laboratory of Department of Biochemistry, Acharya Narendra Deva University of Agriculture and Technology Narendra Nagar Kumarganj Ayodhya (U.P.) India, conducted during 2013-14 and 2014-15. The five underutilized fruit germplasms/ varieties namely Aonla (NA₆ and NA₇), Bael (NB₅ and NB₉), Ber (Karaka and Umran), Jackfruit (NJ₂ and NJ₃) and Kaitha (K₁ and K₂) which had been collected from Horticulture Nursery. The samples from each fruit used to studies on morphological variability of the underutilized fruits.

1. Shape of fruits:

Five fruits from each varieties aonla (NA-6 and NA-7), bael (NB-5 and NB-9), ber (Karaka and Umran), jackfruit (NJ-2 and NJ-3) and kaitha (K-1 and K-2) were randomly selected for the measurement of fruit-shape. The shapes of these fruits were measured with the help of verniear callipers scale.

2. Colour of fruits:

The colour of fruit was recorded by visual observation by selecting five fruits randomly from each variety.

3. Colour of Flesh/Pulp:

The colour of flesh was recorded by visual observation by selecting five fruits randomly from each variety.

RESULTS AND DISCUSSION

It can be inferred from the table that the shape, colour and pulp colour of NA-6 and NA-7 was found oval to round (fruit shape), light green with yellowish (fruit colour) and whitish to greenish (pulp colour), NB-5 and NB-9 were found oblong to globose (fruit shape), brownish to yellowish (fruit colour) and yellowish (pulp colour). Ber-K and Ber-U were observed that oval to round (fruit shape), greenish yellow to yellow (fruit colour) and whitish to yellowish crispy (pulp colour). The shape, colour and pulp colour of K-

1 and K-2 were showed that round to oval (fruit shape), grayish to white (fruit colour) and brownish, mealy (pulp colour). NJ-2 and NJ-3 were showed that oblong (fruit shape), greenish brown (fruit colour) and bright, yellow (pulp colour) during 2013-14 and similar result were showed in 2014-15. Similar results were witnessed by Venudevan and Srimathi (2013) in bael (Aegle marmelos L.) fruits were categorized based on the colour into three different groups as green, greenish yellow and yellow. Kenghe and Potdar (2009) found in bael fruit that fruit shape varied from flat, spherical, pear and near cylindrical in bail fruits. Yadav et al. (2005) also supported in ten Zyziphus Mauritiana cultivars, most of the mature fruits were light green, although yellowish green and dark green to green mature fruits were also observed. Ripe fruits were chocolate brown, golden yellow or greenish yellow to yellow. Bhosale et al. (2006) observed the fruit colour varied with the cultivar NA-7 appeared to be promising for most of the chemical parameters. Randhawa and Biswas (1966) reported that fruit shape in cultivar Umran was large, elliptical with golden vellow colour having round base and apex. Pandey et al. (2013) also reported that the fruit of kaitha was a hardshelled many seeded berry with its pinkish brown. Goswami et al. (2011) found that the pulp colour of two jackfruit cultivar. Khaja fruits were whitish yellow whereas that of Ghila pulps were deep yellow.

 Table 1 : Shape, Colour and Flesh Colour of underutilized fruit germplasms.

2013-14				2014-15		
Germplasms	Shape of fruit	Colour of fruit	Flesh/pulp Colour of fruit	Shape of fruit	Colour of Fruit	Flesh/pulp Colour of fruit
NA-6	Oval To Round	Light Green With Yellowish	Whitish To Greenish	Oval To Round	Light Green With Yellowish	Whitish To Greenish
NA-7	Oval To Round	Light Green With Yellowish	Whitish To Green	Oval To Round	Light Green With Yellowish	Whitish To Green
NB-5	Oblong To Globose	Brownish To Yellowish	Yellowish	Oblong To Globose	Brownish To Yellowish	Yellowish
NB-9	Oblong To Globose	Yellowish To Brownish	Yellowish	Oblong To Globose	Yellowish To Brownish	Yellowish
BER-K	Oval To Round	Greenish Yellow To Yellow	Whitish To Yellowish, Crispy	Oval To Round	Yellowish To Greenish	Whitish To Yellowish, Crispy
BER-U	Oval To Round	Greenish Yellow To Yellow	Whitish To Yellowish, Crispy	Oval To Round	Yellowish To Greenish	Whitish To Yellowish, Crispy
K-1	Round To Oval	Grayish To White	Brownish, Mealy	Round To Oval	Grayish To White	Brownish, Mealy
К-2	Round To Oval	Grayish To White	Brownish, Mealy	Round To Oval	Grayish To White	Brownish, Mealy
NJ-2	Oblong	Greenish Brown	Bright, Yellow	Oblong	Greenish Brown	Bright, Yellow
NJ-3	Oblong	Greenish Brown	Bright, Yellow	Oblong	Greenish Brown	Bright, Yellow

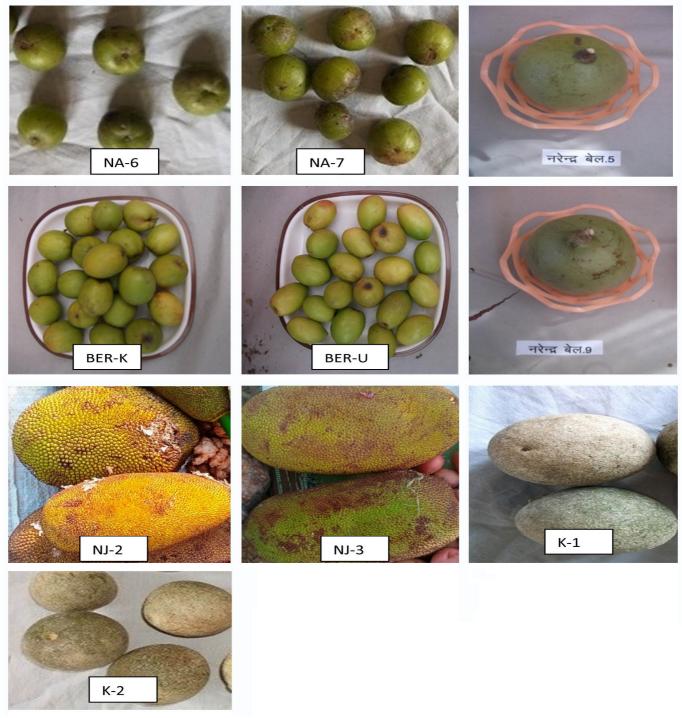


Fig. 1 : Morphological features of Underutilized fruits

CONCLUSION

Variation in shape, colour and pulp colour of minor fruit germplasms were showed from oval to round (fruit shape), light green with yellowish (fruit colour) and whitish to greenish (pulp colour) in Aonla, oblong to globose (fruit shape), brownish to yellowish (fruit colour) and yellowish (pulp colour) in Bael, oval to round (fruit shape), greenish yellow to yellow (fruit colour) and whitish to yellowish crispy (pulp colour) in Ber, round to oval (fruit shape), grayish to white (fruit colour) and brownish, mealy (pulp colour) in Kaitha and oblong (fruit shape), greenish brown (fruit colour) and bright, yellow (pulp colour) in Jackfruit.

Acknowledgement

The main author is thankful to Dr. Pratibha Singh Professor & Head, Department of Agricultural Biochemistry, N.D. University of Agril and Technology Kumarganj Ayodhya, for providing technical assistance in research work and also thanks to UGC-RGNF Govt. of India. Scholarship for providing the financial to complete the research work.

REFERENCES

- Arora, R.K. (1985). Genetic Resources of Less Known Cultivated Food Plants, New Delhi, India: National Bureau of Plant Genetic Resources. NBPGR Sci. Mongr. No. 9.
- Arora, R.K. (1998). Genetic resources of native tropical fruits in Asia: Diversity, distribution and IPGRI's emphasis on

their conservation and use. In Tropical Fruits in Asia: Diversity, Maintenance, Conservation and Use. Proc. IPGRI-ICAR-UTFANET Regional Training Course on the Conservation and Use of Germplasm of Tropical Fruits in Asia Edited by: Arora, R.K. and Ramanatha Rao, V. Bangalore, India 18–31 May 1997.

- Bhosale, S.R.; Haldavanekar, P.C.; Joshi, G.D. and Haldankar, P.M. (2006). Studies on physico-chemical composition of aonla (*Phyllanthus emblica* L.) cultivars grown under Konkan agroclimatic conditions. *Research* on Crops, 7(2): 537-540.
- Goswami, M.A.; Hossain, K.A. and Islam, R. (2011). Assessment of Physicochemical Properties of Jackfruits' (Artocarpus heterophyllus Lam) Fleshs, Journal of Horticulture, Forestry and Biotechnology, 15(3): 26– 31.
- Horticultural Statistics at a Glance (2015-16). Ministry of Agriculture & Farmers Welfare Government of India, 16-21.
- Kaushik, R.A.; Yamdagni, R. and Dhawan, S.S. (2000). Physiochemical characteristics of bael fruit at green and ripe stage of maturity. *Haryana J. Horti. Sci.*, 29(1-2): 44-45.
- Kenghe, R.N; Unde, P.A. and Poddar, S.N. (2009). Processing of Wild Bael (*Aegle mar. corr*) fruit for value addition. J. Maharashtra Agri. Univ., 34: 65-67.
- Mitra, S.K.; Pathak, P.K. and Chakraborty, I. (2004). Potential underutilized tropical fruits of India. III International symposium on tropical and subtropical fruits. ISHS Acta Horticulturae. 864.

- Pandey, A.K.; Pal, A.K.; Shukla, P.K. and Yadav, M.P. (2013). Germplasm evaluation of wood apple (*Feronia limonia* L.). *Prog. Hort.*, 45(1): 76-79.
- Randhawa, P. and Biswas, R. (1966). Physico-chemical studies on Ber (*Ziziphus m.L*). Indian J. Horti., 50: (2)77-80.
- Roy, S.K. and Singh, R.N. (1978). Biochemical study on bael. *Indian Fd. Pack*, 32: 3-8.
- Singh, H.K.; Srivastava, A.K., Prasad, J. and Dwivedi, R. (2009). Descriptor of bael (Aegle marmelos Correa.) AICRP on Arid Zone fruits, NDUA&T, Faizabad, p.23.
- Singh, V.; Kumar, S. and Singh, P. (2003). Physico-chemical analysis of different aonla (*Emblica officinalis*) cultivars at maturity stage under Chhattisgarh region. *Jour. of Eco-Physiology*, 6(3/4): 141-143.
- Tripathi, P.C.; Karunakaran, G.; Sankar, V. and Senthil Kumar, R. (2015). Scope and potential of off season litchi cultivation in western ghats in souvenir of awareness programme on off season litchi cultivation at CHES chettalli on December 10, P.1620.
- Venudevan, B. and Srimathi, P. (2013). Influence of seed polymorphism on physical, physiological and biochemical seed quality characters of endangered medicinal tree Bael (*Aegle marmelos*). Scientific Research and Essays, 8(30): 1413-1419.
- Yadav, A.K.; Singh, S.P. and Singh, A. (2005). Screening of ber (*Ziziphus mauritiana* L.) cultivars based on external, physical and chemical attributes for cultivation in eastern Uttar Pradesh. *Horticultural Journal*, 18(3): 144-148.